

Maidstone and Tunbridge Wells NHS Trust

Trust Contact Details

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Foundation Training Programme Directors

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Facilities - Postgraduate Centre (Location and resources)

The Education & Training Centre is the hub of the hospital as far as the doctors in training are concerned and we pride ourselves in the way we look after our Junior Doctors. Our Centre provides quality space and equipment for teaching, simulation training and meetings and friendly staff are active in sending teaching reminders and monitoring ePortfolio progress.

The onsite Simulation facilities include: Sim man 3G, 2 Paediatric Sims (child and baby), and a 'Sim Mum'. These are located in the Clinical skills rooms for use in training.

There is a Laparoscopic training Centre located within the Maidstone Academic Centre.



We think it to be one of the best designed and equipped Education Centres in the region.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available on site at Tunbridge Wells Hospital for all our F1 doctors. Communal living creates a great atmosphere among fellow F1s who often make friends for life.

Social activities

Outside of work there is a vibrant social life including 'Pay Day' themed outings and other regular mess nights organized by F1s. Foundation Doctors also organise the Winter and Summer Ball and annual cricket match against the Consultants.



Doctors' Mess

The Doctors' Mess has four F1 presidents and they arrange social events taking place throughout the year. The Mess is located close to the Education & Training Centre, on level -2.

Library Facilities

There is 24/7 access to the Library, situated in the Academic Centre providing access to traditional (textbooks, journals, search skills training) and internet-based resources (e-journals, e-books, Up To Date, Netvibes, Clinical Key and Anatomy TV). Doctors in training are actively involved in all decision making on resources. Friendly staff provide tailored Knowledge Services and are highly responsive to Junior Doctor needs.

Medical Humanities: Foundation Doctors can attend a bi-monthly virtual Book Club and a Film Club held in the spacious auditorium within the Maidstone Academic Centre.



I.T Facilities

Modern I.T facilities and 24/7 Wi-Fi access available throughout the Hospital.

Transport Links

The Tunbridge Wells Hospital (TWH) is situated in Kent, three miles from the centre of Royal Tunbridge Wells with regular buses running to and from the town centre. Direct trains run from Tunbridge Wells to London Charing Cross and London Bridge in under an hour. You can also catch the bus directly to Brighton in 1hr 30min. It is 15 minutes from the M25. With excellent transport links, Tunbridge Wells lies within easy reach of the South Coast, Gatwick Airport and the Channel Tunnel.

Local Amenities/Attractions

Royal Tunbridge Wells (an old Royal Spa town) is renowned for its superb range of high street and boutique shops, restaurants, cafes, pubs and bars. Three theatres mean access to regular plays, dance and comedy performances. There is easy access to the gym, cinema, bowling and many retail

outlets at Knights Park Leisure Complex. Tesco supermarket is only 10 minutes' walk away, and there is a Costa Coffee and WHSmiths located within the hospital.

The hospital is situated in an area of outstanding natural beauty with plenty of opportunities to walk, boat and bike ride including Bewl Water Lake, The Hop Farm and a number of vineyards, castles, gardens and stately homes.

Parking Arrangements

Parking permits are available for on-site parking.

Accolades/Achievements of the Trust

National Quality Accreditation was awarded to MTW, following an assessment by a team of external senior healthcare professionals. Maidstone and Tunbridge Wells NHS Trust's Cancer and Haematology Directorate, based at Kent Oncology Centre at Maidstone Hospital, has been accredited by CHKS. Providing specialist cancer services to around 2 million people across Kent and East Sussex, the Centre is the fourth largest oncology service in the country. The Trust offers PET CT services in a new, dedicated building.

The Kent and Medway Orthopaedic Centre is a newly built theatre complex at Maidstone Hospital. The theatres will expand planned orthopaedic surgery capacity at MTW and across Kent.

Tunbridge Wells Hospital is a Private Finance Initiative (PFI) hospital, providing mainly single bedded, en-suite accommodation for inpatients in a modern, state of the art environment. It is a designated Trauma Unit, undertakes the Trust's emergency surgery, and is the main site for Women and Children and Orthopaedic services.

Any additional information

Our hospitals offer an extremely friendly learning environment which ensures that you are exposed to all aspects of Acute Medicine and Acute Surgery. Our rotas are designed to offer you a broad-based learning experience. The fact that many medical students and junior doctors have returned to the Hospital as part of their further training is a testament to the way we treat staff here.

Foundation specific - Induction/shadowing arrangements

F1 Doctors join the Trust for a week of induction and shadowing prior to joining the wards on the first Wednesday in August, with a social event on the weekend before starting.

We have a comprehensive Trust induction day for F2 Doctors followed by an orientation, before their Departmental Induction the following day.

Foundation specific – Tasters

We offer a number of Taster Week timetables in various specialties throughout the Trust.

Foundation specific – Simulation

Simulation has a high profile within the Trust and has had a significant investment. There is a dedicated Simulation Faculty responsible for running compulsory training sessions for all foundation Doctors. We have received excellent feedback from current Junior Doctors and the training has proven to be very popular. There are clinical skills labs and a dedicated Simulation training room.

Foundation Doctor Forums

There are regular Junior Doctor Voice events for doctors in training to raise any issues or concerns in an informal setting.

Foundation specific - educational and clinical supervision

Every doctor in training has an Educational Supervisor, who oversees their progress through their rotations, and a Clinical Supervisor in each attachment. Every doctor in training is formally assessed

through the Faculty Meetings that occur three times a year with formal or informal feedback as appropriate.

Foundation specific - teaching programme

As a Trust we look after 80 F1 and 72 F2 Doctors. We have established Foundation Teaching Programmes for Foundation Doctors.

The Foundation Year 1 Programme in Tunbridge Wells is directed by Dr James Ironside, with Dr Emma Townsend directing the F2 Programme.

The Foundation Year 1 Programme in Maidstone is directed by Dr Bet Mishra, with Dr Amit Saha directing the F2 Programme.

We are a friendly DGH offering a variety of posts, these include: Acute Medicine, Anaesthetics, Cardiology, Diabetes & Endocrinology, Emergency Medicine, Gastroenterology, General Surgery, Geriatric Medicine, GP, Obstetrics & Gynaecology, Orthogeriatrics, Otolaryngology (ENT), Paediatrics, Psychiatry, Respiratory Medicine and Trauma & Orthopaedics. Please see individual job descriptions for full details.

Doctors in training completing a Psychiatry placement will be working at a Kent and Medway Partnership Trust site.

A free shuttle bus services operates for staff to travel between sites.

There is protected teaching for F1s at lunchtime on Wednesdays and Surgical Teaching taking place on Thursdays, for F2 Doctors, protected teaching occurs on Tuesday afternoons. Other teaching opportunities are available in each of the departments and a list of these activities will be available on the intranet. In addition to this, Medical Grand Round occurs weekly on Thursday lunchtimes and Clinical Governance sessions are arranged for each month.

Two hours per week Self Development Time (SDT) is mandatory for Foundation Doctors and is allocated within the rota. Some Departments have amalgamated this time into a day off per month.



Foundation specific - any additional information

Maidstone and Tunbridge Wells Trust is a great place to work and learn. The Trust believes in giving 100% to our doctors in training, because these are our future Consultants.

Our aim is to inspire excellence in Medical Education across the Trust and this is at the heart of all we do. We pride ourselves on helping our doctors in training throughout their time with us. Whether you require support with your Portfolio, Study Leave, Simulation training, admin etc. we are here to assist in any way we can.

What our Foundation Doctors say:

“The Education Centre have state of the art facilities and an enthusiastic and knowledgeable team that is ready to support you in any way possible”

“There is a balanced level of independence and support in clinical decision making. The working atmosphere is incredibly friendly, making it an enjoyable place to kick off F1 year!”